

# FVDM Required Classroom Attire 2020-2021

(Required outfit and shoes are available for sale at FVDM. Ovation® Shoes are not available from other sources.)



## Intro To Dance (Age 3-4)

- Light Pink Leotard
- Pink Convertible Tights
- Ovation® Patent Leather Tap Shoes

Hair must be in a tight ponytail/bun.  
All jewelry must be removed for safety.  
Pink Ballet skirt (optional)



## Tutus for Tots (Age 3-4)

- Light Pink Leotard
- Pink Convertible Tights
- Ovation® "No Drawstring" Ballet Shoe

Hair must be in a tight ponytail/bun.  
All jewelry must be removed for safety.  
Pink Ballet skirt (optional)



## Dance Basics (Age 5-6)

- Light Blue Leotard
- Pink Convertible Tights
- Ovation® Patent Leather Tap Shoes

Hair must be in a tight ponytail/bun.  
All jewelry must be removed for safety.  
Pink Ballet skirt (optional)



## Fairy Tale Ballet (Age 5-6)

- Light Blue Leotard
- Pink Convertible Tights
- Ovation® "No Drawstring" Ballet Shoe

Hair must be in a tight ponytail/bun.  
All jewelry must be removed for safety.  
Pink Ballet skirt (optional)



## Tumbling Tots (ages 5-6)

- Light Blue Leotard
- Pink Convertible Tights
- No Shoes

Hair must be in a tight ponytail/bun.  
All jewelry must be removed for safety.

## All Styles (Ages 7+)

### Attire:

- Plain solid black Leotard (any style, no embellishments or skirts)
- Pink Convertible Tights (**NO SKIRTS**)

### Shoes:

#### For Ballet Class:

- Capezio® Hanami Ballet Slipper

#### For Tap Class (Levels 1&2):

- Revolution® Jazz Tap Shoes (Black)

#### For Tap Class (Levels 3+):

- Capezio® Fluid Tap Oxford (Black)
- **TAP 6 & 7 ONLY** - Premium Tap Shoes are optional.

#### For Jazz Class (All Levels):

- Ovation® Slip on Jazz Shoe (Caramel)

#### For Acrobatics Class:

- No shoes necessary

#### Hair and Jewelry for ALL CLASSES:

- Hair must be pulled back out of the face into a **bun**.
- For safety, all jewelry must be removed.

## Adv. Levels/ Specialty Classes

### Hippy Hop/ Hip Hop

- Solid colored t-shirt or tank top
- Black yoga, sweat or warm-up pants
- Black Matte Pastry® Pop Tart Sneaker
- **HIP HOP 5 ONLY** - Pastry "Studio Trainer" sneaker

### Lyrical

- No shoes necessary

Hair must be pulled back into pony tail.  
For safety, all jewelry must be removed.

## DO I NEED A BUN?

**YES, YOU DO!** If you are age **7 or older**, we require that your hair be up and off the face in a bun. This helps our students learn faster. It is no joke... wearing a bun in your hair exposes the head, neck and upper spine so the teacher can monitor their use. Keeping hair out of the face also eliminates distractions and allows kids to focus on dancing, rather than their hair. A bun is good for your dance education!

## How to do an every day bun for dance class

### You will need:

- Water (in a spray bottle)
- Hair tie(s) (the thick ones hold best)
- Hair pins (the thick ones)
- Hair clips (for very short hair)
- A hair net
- A brush or comb

### The Process

1. Use the spray bottle to dampen hair.
2. Brush or comb the hair and place in a tight ponytail. Use more than one hair tie if the dancer's hair is quite thick. (Thick hair ties work best)
3. Braid the ponytail then wrap it around the hair tie. Secure it with hairpins (not bobby pins). Be sure to pin the hairpins under the hair tie. This will ensure that the bun stays in place.
4. Wrap a hair net over the bun until secure and use more hairpins to keep it in place.
5. Short pieces of hair can be clipped back to keep them out of dancer's faces.
6. **REMEMBER:** There is a learning curve to a great bun, and it could take a few weeks until you get it right, so don't be discouraged. If you have any questions, please do not hesitate to ask!



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